



Adult Benefits Consulting

Private Consulting for Adults with 22q Differences and their Families

Through personalized consultations, our Adult Benefits Consulting Program helps individuals and their support teams understand their options, simplify the process, and connect with valuable resources for the transition to adulthood and beyond.



WHY WORK WITH US?

We understand how overwhelming the transition to adulthood can feel when supporting someone with 22q. Through the 22q Family Foundation's Adult Benefits Consulting Program, families receive personalized guidance and practical support to help them plan, navigate complex benefits and services, and ensure their loved ones have the support they need to remain safe, healthy, and able to live the best life possible.



Meet Your Consultant:
Lisa Linder

Lisa Linder is the founder of Navigating Adult Services, helping adults with intellectual and developmental disabilities—and their families—navigate benefits, services, and support systems.

A former Community Work Incentive Coordinator (CWIC) with Social Security's WIPA program and Medicaid waiver case manager, Lisa brings both professional expertise and personal understanding as the parent of an adult son with 22q.

Whether you're preparing for adulthood, applying for benefits, or exploring employment, Lisa provides practical guidance to help families make informed decisions with confidence. She is passionate about ensuring no family has to navigate the journey alone.

When appropriate, referrals may be made to Career Pathways, Vocational Rehabilitation, attorneys and other community resources.

HOW WE CAN HELP

Every consultation is personalized to your family's unique needs. Common topics include:

Benefits & Eligibility

- SSI, SSDI, Medicaid & HCBS Waivers
- Preparing for age 18 and adulthood
- Understanding eligibility

Applications & Planning

- Benefit applications and paperwork
- Organizing important documents
- Notices, decisions, and next steps

Employment & Financial Planning

- Working while receiving benefits
- Social Security work incentives
- ABLE Accounts & Special Needs Trusts

Building Your Support Network

- Community resources and referrals
- Vocational Rehabilitation & employment supports
- Planning ahead for changing needs

Future Planning

- Guardianship vs. Power of Attorney (educational overview)
- Knowing when to seek legal guidance

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READY TO GET STARTED?

Scan the QR code to submit a consultation request. A member of our team will contact you to learn more about your needs and to discuss next steps.



bit.ly/adult22q-application

PLEASE NOTE:

This program is designed specifically for individuals with 22q-related conditions and their families or caregivers. Because our expertise and resources are dedicated to the 22q community, we are unable to provide consultations or ongoing support for needs unrelated to 22q. Submitting a request does not guarantee services. Each request will be reviewed before a consultation is scheduled.

Supporting you from
diagnosis through adulthood



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